

HEALTH SCREENING
PACKAGES

**QUALITY AND AFFORDABLE SCREENING FOR ALL** 

### **Orchard Clinic**

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Phone: 6322 7331

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### **Tanjong Pagar Clinic**

Address: 72 Anson Rd #01-02 Anson House, Singapore 079911

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## ACE \$70\*

### **Biometric Measurement**

Height & Weight

Waist Circumference

**Blood Pressure** 

### **Urine Analysis**

UFEME (Microscopic Examination)

Post Screening Review & Lifestyle Counselling by Doctor (if results abnormal)

### **Blood Analysis**

Cholesterol Profile

Fasting Glucose

Liver Profile

Kidney Profile

Gout (Uric Acid)



## **ELITE** \$120\*

### **Biometric Measurement**

Height & Weight

Waist Circumference

**Blood Pressure** 

### **Urine Analysis**

UFEME (Microscopic Examination)

Urine Microalbumin / Creatinine Ratio

Post Screening Review & Lifestyle Counselling by Doctor (if results abnormal)

### **Blood Analysis**

Cholesterol Profile

Fasting Glucose

Liver Profile

Kidney Profile

Gout (Uric Acid)

Bone Disease

Full Blood Count

Infection Screen:

Syphilis Screen

**Tumour Marker Test:** 

Stomach / Colon (CEA)



# NOBLE \$208\* Popular among Ages 20 to 30

### **Biometric Measurement**

Height & Weight

Waist Circumference

**Blood Pressure** 

### **Urine Analysis**

UFEME (Microscopic Examination)

Urine Microalbumin / Creatinine Ratio

Post Screening Review & Lifestyle Counselling by Doctor (if results abnormal)

### **Blood Analysis**

Cholesterol Profile

Diabetes Profile

(Random Glucose and HbA1c)

Liver Profile

Kidney Profile

Gout (Uric Acid)

Bone Disease

Full Blood Count

Blood Group & RH (ABO)

Thyroid Function

### Infection Screen:

Syphilis Screen

Hepatitis A & B

#### **Tumour Marker Tests:**

Stomach / Colon (CEA)

Liver (AFP)

Prostate (PSA) - Male

Ovarian (CA125) – Female



## PRE-MARITAL \$267\* (Male) / \$299\* (Female)

### **Biometric Measurement**

Height & Weight

Waist Circumference

**Blood Pressure** 

### **Urine Analysis**

UFEME (Microscopic Examination)

Urine Microalbumin / Creatinine Ratio

Post Screening Review & Lifestyle Counselling by Doctor (if results abnormal)

### **Blood Analysis**

Cholesterol Profile

Diabetes Profile

(Random Glucose and HbA1c)

Liver Profile

Kidney Profile

Gout (Uric Acid)

Bone Disease

Full Blood Count

Blood Group & RH (ABO)

Thyroid Function

### Infection Screen:

Syphilis Screen

Hepatitis A & B

#### **Tumour Marker Tests:**

Stomach / Colon (CEA)

Liver (AFP)

Prostate (PSA) - Male

Ovarian (CA125) – Female

#### Other Blood Tests:

Hb Electrophoresis

Rubella IgG Antibody - Female



## SILVER \$338\* (for 60 years old & above)

Click here to find out more

### **Medical Consultation by Doctor**

### **Biometric Measurement**

Height & Weight

Waist Circumference

**Blood Pressure** 

### **Urine Analysis**

UFEME (Microscopic Examination)

Urine Microalbumin / Creatinine Ratio

Post Screening Review & Lifestyle Counselling by Doctor (if results abnormal)

### **Blood Analysis**

Cholesterol Profile

Diabetes Profile

(Random Glucose and HbAlc)

Liver Profile

Kidney Profile

Gout (Uric Acid)

Bone Disease

Full Blood Count

Blood Group & RH (ABO)

Thyroid Function

### Infection Screen:

Syphilis Screen

Hepatitis A & B

### **Tumour Marker Tests:**

Stomach / Colon (CEA)

Liver (AFP)

Prostate (PSA) - Male

Ovarian (CA125) – Female

### **Clinical Tests**

Bone Mass Density (Osteoporosis)

Ultrasound Carotid (Stroke Risk)

Tonometry (Glaucoma)



# CROVIS \$350\* Popular among Ages 30 and above

### **Biometric Measurement**

Height & Weight

Waist Circumference

**Blood Pressure** 

### **Urine Analysis**

UFEME (Microscopic Examination)

Urine Microalbumin / Creatinine Ratio

### **Stool Analysis**

Stool Occult Blood (Immunological)

Post Screening Review & Lifestyle Counselling by Doctor (if results abnormal) **Blood Analysis** 

Cholesterol Profile

Diabetes Profile

(Random Glucose and HbA1c)

Liver Profile

Kidney Profile

Gout (Uric Acid)

Bone Disease

Full Blood Count & ESR

Blood Group & RH (ABO)

Thyroid Function

Heart Screen - hsCRP

Infection Screen:

Syphilis Screen

Hepatitis A, B, C

**Tumour Marker Tests:** 

Stomach / Colon (CEA)

Liver (AFP)

Pancreas (CA19.9)

Prostate (PSA) - Male

Nose & Throat (EBV) - Male

Ovarian (CA125) - Female

Breast (CA153) – Female

### **Clinical Tests**

Resting Electrocardiogram (ECG)





## CROWN PLUS\$445\*

Add \$300 for CT Coronary Calcium Score (Heart Disease Screening)

Add \$320 for Low dose CT Lung Scan (Lung Cancer Screening)

Popular among Ages 30 and above

### **Biometric Measurement**

Height & Weight

Waist Circumference

**Blood Pressure** 

Eye Screening

(Visual Acuity, Colour & Near Vision)

### **Urine Analysis**

UFEME (Microscopic Examination)

Urine Microalbumin / Creatinine Ratio

### **Stool Analysis**

Stool Occult Blood (Immunological)

Post Screening Review & Lifestyle Counselling by Doctor (if results abnormal)

### **Blood Analysis**

Cholesterol Profile

Diabetes Profile

(Random Glucose and HbA1c)

Liver Profile

Kidney Profile

Gout (Uric Acid)

Bone Disease

Full Blood Count & ESR

Blood Group & RH (ABO)

Thyroid Function

Heart Screen - hsCRP

### Infection Screen:

Syphilis Screen

Hepatitis A, B, C

### **Tumour Marker Tests:**

Stomach / Colon (CEA)

Liver (AFP)

Pancreas (CA19.9)

Prostate (PSA) - Male

Nose & Throat (EBV) - Male

Ovarian (CA125) - Female

Breast (CA153) – Female

### **Clinical Tests**

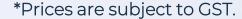
Resting Electrocardiogram (ECG)

Bone Mass Density (Osteoporosis)

Ultrasound Carotid (Stroke Risk)

Tonometry (Glaucoma)

Oxygen Saturation (Sp02)





## **ROYAL** \$612\*

Popular among Ages 40 and above

### **Consultation & Physical Examination**

### Post Screening Review & Lifestyle Counselling

### **Biometric Measurement**

Height & Weight

Waist Circumference / Hip Ratio

**Blood Pressure** 

Body Fat Analysis

Eye Screening

(Visual Acuity, Colour & Near Vision)

### **Urine Analysis**

**UFEME** (Microscopic Examination)

Urine Microalbumin / Creatinine Ratio

### **Stool Analysis**

Stool Occult Blood (Immunological)

\*Prices are subject to GST.

### **Blood Analysis**

Cholesterol Profile

Diabetes Profile

(Random Glucose and HbAlc)

Liver Profile

Kidney Profile

Gout (Uric Acid)

Bone Disease

Full Blood Count & ESR

Blood Group & RH (ABO)

Thyroid Function

Heart Screen - hsCRP

#### Infection Screen:

Syphilis Screen

Hepatitis A, B, C

#### Tumour Marker Tests:

Stomach / Colon (CEA)

Liver (AFP)

Pancreas (CA19.9)

Prostate (PSA) - Male

Nose & Throat (EBV) - Male

Ovarian (CA125) - Female

Breast (CA153) - Female

Germ Cell (Beta HCG)

### **Other Tests**

Add \$300 for CT Coronary Calcium Score (Heart Disease Screening)

Add \$320 for Low dose CT Lung Scan (Lung Cancer Screening)

Resting Electrocardiogram (ECG)

Bone Mass Density (Osteoporosis)

Ultrasound Carotid (Stroke Risk)

Tonometry (Glaucoma)

Oxygen Saturation (Sp02)

### **Choose 1 of the following:**

Chest X-Ray

Treadmill Stress Test

Ultrasound Liver (6 hours fasting required)

Ultrasound Kidneys

Ultrasound Thyroid

Ultrasound Prostate - Male

Ultrasound Pelvis – Female

Ultrasound Breast - Aged 40 & below

Mammogram - Aged 40 Above



Add \$300 for CT Coronary Calcium Score (Heart Disease Screening)

Add \$320 for Low dose CT Lung Scan (Lung Cancer Screening)

### **Consultation & Physical Examination**

### Post Screening Review & Lifestyle Counselling

### **Biometric Measurement**

Height & Weight

Waist Circumference / Hip Ratio

**Blood Pressure** 

Body Fat Analysis

Eye Screening (Visual Acuity, Colour & Near Vision)

### **Urine Analysis**

**UFEME** (Microscopic Examination)

Urine Microalbumin / Creatinine Ratio

### **Stool Analysis**

Stool Occult Blood (Immunological)

**Blood Analysis** 

Cholesterol Profile

Diabetes Profile

(Random Glucose and HbA1c)

Liver Profile

Kidney Profile

Gout (Uric Acid)

Bone Disease

Full Blood Count & ESR

Blood Group & RH (ABO)

Thyroid Function

Heart Screen - hsCRP, ApoA/ApoB

Hormone Profile

Iron Panel

Vitamin B12 / D / Folate

Stomach Ulcer (Helicobacter Pylori)

Infection Screen:

Syphilis Screen

Hepatitis A, B, C

Tumour Marker Tests:

Stomach / Colon (CEA)

Liver (AFP)

Pancreas (CA19.9)

Prostate (PSA) - Male

Nose & Throat (EBV) - Male

Ovarian (CA125) - Female

Breast (CA153) – Female

Germ Cell (Beta HCG)

### **Other Tests**

Resting Electrocardiogram (ECG)

Bone Mass Density (Osteoporosis)

Ultrasound Carotid (Stroke Risk)

Tonometry (Glaucoma)

Oxygen Saturation (Sp02)

Chest X-ray

### **For Males**

Treadmill Stress Test

Ultrasound Full Abdomen (6 hours fasting required)

Ultrasound Prostate

### **For Females**

Mammogram (For 40 years and above) or

Ultrasound Breast (Below 40 years old)

Ultrasound Pelvis

Pap Smear / Thin Prep





Medical	\$70 ACE	\$120 ELITE	\$208 NOBLE	\$350 CROWN	\$445 CROWN +	\$612 ROYAL	\$1299 JEWEL
Doctor Consultation	If results	abnormal	~	~	~	~	~
Basic Tests (Cholesterol, Diabetes, Liver function, Kidney function, Gout, Urine Analysis)	~	~	~	~	~	~	~
Full Blood Count, Bone Disease		<b>V</b>	~	~	~	~	~
Blood Group, Thyroid Function			<b>~</b>	<b>~</b>	<b>~</b>	~	<b>~</b>
ESR, Heart Disease Risk (hs-CRP)				~	<b>~</b>	<b>~</b>	~
Stool Occult Blood				~	<b>~</b>	~	<b>~</b>
Comprehensive Tests (Apolipoprotein A/B, Hormone Profile, Deficiency screen, Helicobacter pylori)							~
Infection (Syphilis and Hepatitis)		Syphilis	Syphilis Hepatitis A/B	Syphilis Hepatitis A/B/C	Syphilis Hepatitis A/B/C	Syphilis Hepatitis A/B/C	Syphilis Hepatitis A/B/C
Cancer (Tumour Markers)		<b>1</b> Colon	3 Liver, Colon, <b>Male:</b> Prostate <b>Female:</b> Ovary	5 Liver, Colon, Pancreas Male: Prostate, Nose Female: Breast, Ovary	5 Liver, Colon, Pancreas Male: Prostate, Nose Female: Breast, Ovary	6 Liver, Colon, Pancreas, Germ Cell <b>Male:</b> Prostate, Nose <b>Female:</b> Breast, Ovary	6 Liver, Colon, Pancreas, Germ Cell <b>Male:</b> Prostate, Nose <b>Female:</b> Breast, Ovary
Electrocardiogram (ECG)				~	<b>~</b>	~	~
Clinical Tests (Bone Mass Density and Ultrasound Carotid)					<b>~</b>	<b>~</b>	~
Chest X-ray							<b>~</b>
Others					Eye Screening (Visual Acuity, Colour, Near Vision & Tonometry)	Eye Screening (Visual Acuity, Colour, Near Vision & Tonometry)  Body Composition Analysis  Treadmill OR Mammogram OR Ultrasound	Eye Screening (Visual Acuity, Colour, Near Vision & Tonometry)  Body Composition Analysis  Male: Treadmill, Ultrasound Abdomen & Prostate Female: Ultrasound Pelvis, Pap smear, Mammogram OR Ultrasound Breast

### MARVEL<sub>\$2100\*</sub>

Jewel Package



MiRXES
GASTROClear
(early detection of stomach cancer)



59-Item Panel
Allergy Test

### PRESTIGE \$5000\*

Jewel Package



**Liquid Biopsy** 

(Screen for 50 cancers)

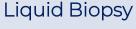
### IMPERIAL \$5600\*

Jewel Package



**Liquid Biopsy** 

(Screen for 50 cancers)



- A revolutionary multi-cancer early detection tool that screens for up to 50 cancers in a single blood draw by identifying cancer cell DNA
- Detects evidence of cancers (such as lung, breast, colorectal, prostate, liver cancer) earlier, and with greater accuracy compared to traditional blood tests



CT Calcium Score
(Heart Disease)
CT Lung Scan
(Lung cancer screen)



\*Prices are subject to GST.

## SUPREME \$6700\*

Jewel Package



<u>Liquid Biopsy</u> (Screen for 50 cancers)



CT Calcium Score
(Heart Disease)
CT Lung Scan
(Lung cancer screen)



MRI Brain Stroke Screen







## CANCER SCREENING

### Liquid Biopsy (up to 50 Cancers): \$2500 to \$4000

- A revolutionary multi-cancer early detection tool that screens for up to <u>50 cancers</u> in a single blood draw by identifying cancer cell DNA
- Detects evidence of cancers (such as lung, breast, colorectal, prostate, liver cancer) earlier and with greater accuracy compared to traditional blood tests

### **Procedures / Scans**

Price\*

- Pap Smear / ThinPrep (Cervical Cancer) \$65
- Mammogram (Breast Cancer) [Medisave claimable for ≥ 50 years old] \$185
- Low dose CT Lung Scan (Lung Cancer) [Up to \$300 Medisave claimable for all MRI / CT per year] \$370
- Recommended for smokers and those with relatives with lung cancer

### Tumour Markers (Blood Test): \$35 per test

Tumour markers are proteins produced by some cancer cells. However, not all cancers produce tumour markers and tumour marker tests do not supersede established screening tools such as colonoscopies and mammograms.

- Nose & Throat (EBV)
- Liver (AFP)
- Stomach / Colon (CEA)
- Pancreas (CA19.9)
- Germ Cell (Beta HCG)
- Prostate (PSA) Male Only
- Ovarian (CA125) Female Only
- Breast (CA15.3) Female Only

### Top Cancers in Singapore

#### Males:

- 1) Prostate
- 2) Colorectal
- 3) Lung

### Females:

- 1) Breast
- 2) Colorectal
- 3) Lung

Leading cause of cancer death in Singapore

Lung Cancer





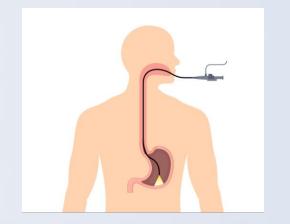
\*Prices are subject to GST.

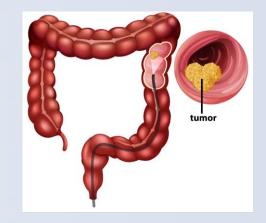
## CANCER SCREENING

Price\*

- Gastroscopy / OGD (Stomach Cancer) \$1300
- Colonoscopy (Colorectal Cancer)
   \$2200
- Gastroscopy + Colonoscopy \$2700

Procedure will be performed in a day surgery centre by a specialist gastroenterologist doctor.







Gastroscopies and Colonoscopies are <u>Medisave-claimable</u>

(subject to approval, up to \$1,600)



## HEART SCREENING

Procedures	Price*		
Electrocardiogram			
Stress Treadmill			
• CT Coronary Calcium Score [Up to \$300 Medisave claimable for all MRI/CT per year] - Looks for calcium deposits in the heart arteries to predict the risk of heart attacks			
• CT Coronary Angiogram [Up to \$300 Medisave claimable for all MRI / CT per year] - Assesses location and extent of cholesterol build up in heart arteries			
Blood Tests	Price*		
C-Reactive Protein (hsCRP)	\$35		
Advanced Cardiac Screen  (hsCRP, Apolipoprotein A1, Apolipoprotein B, Apolipoprotein B/A1 Ratio)	\$85		
• Lipoprotein (a)	\$51		
<ul> <li>A type of bad cholesterol particle that may be elevated especially in those with a family history of heart disease</li> <li>Fasting Insulin</li> </ul>	\$61		

- A raised insulin level is one of the earliest signs of insulin resistance, which accelerates artery disease

**C**ATA Medical

## RADIOLOGY

#### Price\* **Ultrasound** Carotid Intima Media Thickness (measures cholesterol build up in arteries) \$150 \$150 Thyroid. \$130 Breast \$138 Kidney Kidney, Ureters and Bladder (KUB) \$180 \$138 Liver: 6 hours fasting required\_\_\_\_\_ Full Abdomen (Liver, Gallbladder, Kidney, Spleen, Pancreas): 6 hours fasting required \$235 Pelvis (Uterus and Ovaries)<sup>^</sup> \$190 Prostate \$160



Scrotum



\$180

<sup>\*</sup>Prices are subject to GST.

<sup>^</sup>Please note that we do not do pregnancy (dating) scans.

## RADIOLOGY

### **CT Scan** (click <u>here</u> for full list)

Coronary Calcium Score

- Looks for calcium deposits in the heart arteries to predict the risk of heart attacks
- Coronary Angiogram \$1220
- Assesses location and extent of cholesterol build up in heart arteries
- Low dose CT Lung Scan (Lung Cancer)
   \$370
- Kidneys, Ureters and Bladder

  \$350



### MRI Scan (click here for full list)

- Cervical Spine (Neck)
   \$950
- Lumbar Spine (Lower Back) \$950
- Stroke Screen \$1430



Up to \$300 can be claimed from Medisave for all CT / MRI scans done in the year



Price\*

\$350

## OTHER TESTS

	Test	Price
•	Allergy Testing (59 item allergy panel)	\$678
•	Deficiency Screen (Vitamin B12, Vitamin D, Folate, Iron Panel)	\$148
•	Female Fertility Profile (Estradiol, Progesterone, Follicular Stimulating Hormone, Luteinising Hormone, Prolactin)	\$100
•	Anti-Mullerian Hormone (Ovarian Reserves)	\$112
•	Male Fertility Profile (Testosterone, Follicular Stimulating Hormone, Luteinising Hormone, Prolactin)	
•	Testosterone	\$35
•	InBody Body Composition Analysis	\$40
•	DBFS (Digital Brain Function Screen) [\$65 if added on to package]	\$100
•	DBFS (Phone Review)	\$25



Want to add something that is not listed? Feel free to WhatsApp or call us at 88838128 for more information.



## VACCINATIONS

Type of Vaccine	Price per dose	No. of doses	Recommendations	
^Influenza	\$35	Annual	All ages (especially older patients and/or those with chronic conditions: diabetes, asthma, COPD, heart / liver / kidney disease)	
Hepatitis A (Havrix)	\$90	2	All ages (especially travellers)	
<b>^Hepatitis B</b> (Engerix)	\$50	3	All ages	
Hepatitis A & B (Twinrix)	\$95	3	Combined vaccination of Hepatitis A and B	
^Cervical Cancer – 2 Strains (Cervarix)	\$120	3	9-25 years old	
<b>Cervical Cancer – 9 Strains</b> (Gardasil 9)	\$250	3	9-45 years old	
Shingles (Shingrix)	\$400	2	50 years old and above	
^Pneumococcal (Prevenar 13)	\$125	1	65 years old and above and/or	
^Pneumococcal (Pneumovax 23)	\$80	1	chronic conditions: diabetes, asthma, COPD, heart / liver / kidney disease)	

<sup>\*</sup>Prices are subject to GST.



Speak to our staff for more info.















